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Prevalence of interpersonal partner violence and coping strategies used by the partners of patients with substance use disorder

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Background: Interpersonal partner violence is a burning issue worldwide. The impact of interpersonal partner violence by the patients with substance use disorder on the life of wives had been the subject of numerous studies. However, there were few prior studies which had explored the coping strategies used by wives of patients with substance use disorder to deal with Interpersonal partner violence.

Objective: To assess the prevalence of Interpersonal partner violence and Coping Strategies used by the wives of patients with substance use disorder.

Methodology: Quantitative, non-experimental and descriptive research approach was adopted. Total consecutive sampling technique was used to collect data. Sample size was 100. Tools for data collection were used as sociodemographic profile, Interpersonal partner violence screening scale and Brief COPE scale. Data collection was done through interview schedule.

Results: Majority (84%) of study subject had experienced interpersonal partner violence. In context of coping strategies 37.5% of study subjects had used adaptive coping strategies and 12.7% of study subject had used maladaptive coping strategies. In adaptive coping strategies, active coping sub domain was used by maximum (85%) study subjects. In maladaptive Coping Strategies, substance use sub domain was used by minimum (1%) study subjects.

Conclusion: It was concluded that though interpersonal partner violence was high, still most of women were using adaptive coping strategies. Majority (72%) of the study subject used active coping as a management strategies and least score was found in substance use i.e. 1%.

Biography

Dr. Sunita Sharma is working as Senior Lecturer in National Institute of Nursing Education, PGIMER, Chandigarh and has completed 25 years of teaching experience. Her field of specialty is Mental Health Nursing. She has published more than 35 papers in International and National journals of repute. She has presented papers in various International as well as National conferences e.g. International conferences at US, Australia, Canada, Spain & London. She has guided thesis of M.Sc Nursing more than 60 candidates. She has organized various Workshops and has acted as Guest speaker / Resource person in various conferences.

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