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Phytomedicine: An emerging trend in today's life

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Phytomedicine can be defined as the herbal medicine with therapeutic and healing properties. It came into existence since the advent of human civilization. Our Earth blessed with approximately more than 4 lakh species of plants; however, there is a more need to find an immense use of herbal preparations and products and hence can be explored further. Gaining experience from random trials and careful observations from animal studies, people belonging to ancient periods started employing herbs as a therapeutic method against several illnesses. Phytomedicine, in addition to their traditional values, also hold great public and medical interest worldwide as sources of nutraceuticals or novel lead compounds for drug development. Not only herbal remedy revolution created new opportunities but also served to stimulate research in the field of direct relevance to human health care. A herbal medicine or a phytopharmaceutical preparation can be defined as a medicine derived exclusively from a whole plant or parts of plants and manufactured in a crude form or as a purified pharmaceutical formulation. A major portion of traditional medicine involves the plant extract—derived medicines and decoction which may also be termed as the "modern herbal medicine" In a complementary development, the use of herbal extracts with other biochemical components in combination, rather than an isolated singly compounds (s), may prove to be very useful as broader and holistic therapeutical or pharmacological agents for a variety of human health care application. The integration of phytomedicine into the health system should be developed in such a way to bring harmony between the traditional and modern system of health care with minimum threat to each other.

Biography

Minal Patil is an Asst. Professor in the Department of Pharmacognosy, College of Pharmacy Dhule (MS), and INDIA. She has completed her PhD from KBC North Maharashtra University, Jalgaon, Maharashtra, India. She has published more than 20 papers in reputed journals and presented more than 30 papers in national and international conferences. She received several awards and medals. Earlier she has delivered a lectures on several topics. She is also serving as Reviewer and Editorial panel member in reputed journals. One International and one National Research Interest- Herbal formulation and Development.

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