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Pharmacist- Led Medicine Optimization for Uncontrolled Diabetes in Qatar

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Abstract:

Diabetes is a growing public health concern in Qatar, with a significant proportion of patients struggling to achieve optimal glycemic control. To improve diabetes management, pharmacists can play a critical role in optimizing medication regimens for patients with uncontrolled diabetes. This presentation will focus on the role of pharmacists in medicine optimization for uncontrolled diabetes in Qatar. It will review the current literature on the impact of pharmacist interventions on diabetes outcomes and describe the results of a study conducted in Qatar on the effectiveness of pharmacist-led medication management for patients with uncontrolled diabetes. The presentation will also provide recommendations for integrating pharmacist-led medication management into diabetes care in Qatar, with a focus on enhancing patient outcomes and improving healthcare efficiency. By highlighting the potential benefits of pharmacist-led medicine optimization for uncontrolled diabetes, this presentation aims to encourage healthcare providers to consider the role of pharmacists in diabetes care.

Biography:

Manal Masri is a pharmacist with over 15 years of experience in the field. I hold a Bachelor's Degree in Pharmacy from Damascus University in Syria and I am licensed by the Qatari Council for Healthcare Practitioners. I have extensive clinical experience, including working as a pharmacist at Al-Ahli Hospital in Qatar for about 5 years before moving recently to work in the primary health care corporation, where I have been responsible for delivering high-quality pharmaceutical care to patients with various conditions, including diabetes. She have completed several certification and training programs, including Consultation skills for Pharmacy Practice, Emotional Intelligence and Patient Experience Workshop, Cochrane Evidence Essentials, Conducting an intervention systematic review. She have been collaborating with QU as an assistant investigator to develop and present findings on a pharmacist-led medicine optimization program for uncontrolled diabetic patients in Qatar.

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