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Nursing content in the process of information-sharing in ICU: A Research Protocol

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Critical care situations as a significant impact on the family life, so the interaction that family-members and nurses built reveals itself a dynamic and important process for both. Family members are nursing client in the intensive care unit (ICU) due to the emotional vulnerability that they experience. In the clinical interaction, family looks for information to understand the situation while nurses want to know better this family and the process health-disease transition that they are living (1,2). The aim of this research is to identify and analyse the Information Needs and the Information content Shared by nurses and family. The specific objectives are: Identify in the nurses' narrative, the contents that are present in the information transmission; and Identify in the nurses' description, the nursing contents that are present in the data collection. This project involves a qualitative approach; data collection will be performed with a semi-structured interview and written narratives(3). Participants are going to be selected intentionally. The research population will be the nursing team. Data will be discussed with: 1- "Nursing Interventions Classification (NIC) as a comprehensive standardized nursing terminology that has been used to systematically classify nursing care in clinical settings"; "Nursing Outcomes Classification (NOC) and standardized Nursing Diagnoses (NANDA-I) "(4) (5); 2- Orem theory of Self-care (6); 3 - "The structure of caring" according to Swanson(7). The expected duration of this study is two years. It will contribute to increase knowledge in nursing practice. The results could affect directly the nursing intervention and indirectly the health care and health systems.

Biography

Anabela da Graça Amaro Pereira Mendes has completed her PhD in Nursing - Advanced Nursing - by the Portuguese Catholic University in 2014. She is a Professor at the Nursing School of Lisbon in the Department of Adult and Elderly Nursing. She published 9 articles in specialized magazines and 25 papers in events proceedings, has 1 book published. She is the Project Manager of Master's Degree in Nursing - Specialization Person in Critical Situation.

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