

25th International Conference on

Global Nursing Education & Research

June 16-17, 2022 | Webinar

J Nurs Care 2022, Volume 11

Moving through: Caring for self and others during covid-19

Adele Webb

Strategic Education Inc, USA

Abstract: It has been well documented that the Covid-19 pandemic has caused significant stress and burnout for providers. The nursing profession is losing qualified and important staff due to vaccine hesitancy and fear of contracting the virus. Nurses are reporting cases of PTSD as well as fatigue and mental and moral distress related to their role in providing care. This presentation addresses the need to care for oneself in order to care for others. Included are suggestions for addressing the distress related to working during this prolonged pandemic. In addition, information is provided on ways to relate to patients and families as they journey through the pandemic along with providers..