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## Management of perceived pain experience of patient's availing non-invasive skin aesthetic treatments

**Abstract:** Non-invasive aesthetics treatments have gained widespread acceptance and considerations in the population for a wide variety of personal and medical reasons, and with this came an ever-increasing demand for noninvasive skin/aesthetic treatments over the past several years (Fabi, 2015). This is largely in part for the satisfaction each individual receives as they decide to undergo skin/aesthetic treatments, common among them is the impact of their preferred aesthetic treatments in their overall facial appearance and age appearance (Chang et al., 2017).

Considering patients' pain experience in the skin/aesthetic treatment process impacts both patient preference for skin/aesthetic treatment and their compliance with the treatment process. Their decision is also dependent on their perception of how painful their choice of noninvasive procedure is. The intervention proposed therefore include considering the following in skin aesthetic treatments, these are providing patient relief options, such as use of ice, vibrators, "Talk-esthesia" , and sundry topical anesthetic creams and gels; staff training on applying patient relief options to patients; and marketing of patient relief options as part of skin/aesthetic treatment packages.

As such, considering patients' pain experience in the skin/aesthetic treatment process will create a positive impact in both patient preference for skin/aesthetic treatment and their compliance with the treatment process. The pain management options cited will be able to provide potential clients the opportunity to decide on what will best apply to their personal preference. Lastly, the application of Bureaucratic

Leadership style will help bring about the change needed to address the clinical problem presented.

### Biography

Marie Grace Jacildo is a Registered Nurse from New York and currently taking her graduate studies for Family Nurse Practitioner program. An alumna from Manila Tytana Colleges (Formerly Manila Doctor's College) where she finished her Bachelors in the Philippines. She has an ongoing 4 years of RN experience working in Geriatric population and transitioned to her dream job as Aesthetic Nurse since 2019. Being part of SuperJazzi providers, she was able to open up a medical spa in New York and founded Aging Gracefully Aesthetics. She is also a travel nurse, army wife and mom of 2 young ones. She is known for her passion & dedication to be one of the best aesthetic injectors that help people to age gracefully with her expertise in non-invasive/non-surgical procedures such as Neuromodulator (Botox/Dysport), Dermal filler, PDO Threads, Double chin reduction, Microneedle, PRP, IV Vitamins and Chemical peel.

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