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## Fetal and Maternal Medicine

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## Incorporating the innovation of music during the biophysical profile

As a sonographer working in the field of Perinatal sonography, I would like to share my observations over the past ten years using music as a stimulus to evaluate fetal activity. In the beginning of my career it was the standard to use a buzzer device to initiate fetal movement. After reading an article that suggested the decibel level of this device was potentially harmful to the fetus, I decided that music was the answer and began to sing to the fetus to evaluate fetal activity.

## **Biography**

Elizabeth J Otovic currently residing in the USA employed as a Perinatal sonographer in Maternal Fetal Medicine also certified in Fetal echocardiography with HVMA in Boston, Massachusetts.

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