



34th World Neuroscience and Neurology Conference;

13th International Conference on Tissue Science and Regenerative Medicine &

38th Global Psychiatry and Mental Health Conference



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## In defense of psychoanalysis

Psychological theories must be all-inclusive (anamnestic), coherent, consistent, logically compatible, insightful (diagnostic), aesthetic, parsimonious, explanatory, predictive (prognostic), therapeutic, imposing, and elastic. But psychology is constrained because its experiments have to be ethical and are subject to the Psychological Uncertainty Principle, they are unique and lead to undergeneration of testable hypotheses.

The psychological theories underlying psychotherapy, though, are good as organizing principles, integrative principles, and purgatory principles.

## **Biography**

Sam Vaknin is the author of "Malignant Self-love: Narcissism Revisited" and other books about personality disorders. His work is cited in hundreds of books and dozens of academic papers. He is Visiting Professor of Psychology, Southern Federal University, Rostov-on-Don, Russia and Professor of Finance and Psychology in CIAPS (Centre for International Advanced and Professional Studies). He spent the past 6 years developing a treatment modality for Narcissistic Personality Disorder (NPD). Over the years, with volunteers, it was found to be effective with clients suffering from a major depressive episode as well.

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