

# 56<sup>th</sup> World Congress on **Nursing and Health Care** & 3<sup>rd</sup> World Congress on **Pediatric and Neonatal Nursing** May 02-03, 2022 | Webinar

Olga Adamczyk Gruszka, J Nurs Care 2022, Volume 11

## Hybrid nursing as an alternative for face-to-face teaching

**Olga Adamczyk Gruszka**

Jan Kochanowski University in Kielce, Poland

The present study aimed to develop and introduce an infertility specific model that can be applied in daily practice and assessing the efficacy of the method of paramedical counseling provided by nursing during the treatment period of male factor infertility patients. Furthermore, the aim was to develop adaptive health behaviors that influence reproduction by increasing the patients' knowledge and promoting positive changes in satisfaction rates. Patients were randomized into control (n = 51) and experimental (n = 57) groups, where patients in the experimental group received a 5-session paramedical counseling in extension to their medical treatment. Both groups also completed self-report psychodiagnostic questionnaires, patients in the control group at the beginning and end of the study and patients in the observed group before and after the paramedical counseling. Based on statistical analyses' result, the group that received the interventions had an intense awareness of the diagnosis and aims and nature of the indicated treatment. Individual support helped patients, they employed purposeful problem-solving coping strategies and reported satisfaction with infertility treatment. Step by step patient conducting process and its associated program points can help patients decrease their level of anxiety while elaborating their concerns and preventing frustrating situations. The implementation of the effective patient conducting process requires the introduction of paramedical counseling as new knowledge in nursing education. Furthermore, need for a broad diversification of interprofessional teamwork services in clinics.

### Biography

Olga Adamczyk Gruszka, MD, PhD - a graduate of the PAM (Pomeranian Medical University in Szczecin), where she studied at the 1st Faculty of Medicine in 1985-1992 in the field of medicine, obtaining the title of doctor on July 3, 1992. She obtained the diploma of the first degree of specialization in the field of obstetrics and gynaecology under the supervision of dr Krzysztof Niespodziański - on November 25, 1996. She obtained the diploma of a second degree specialist, under the supervision of dr J. Stanisława Cichoń - on November 3, 2000. She received the diploma of doctor of medical sciences on the basis of a doctoral dissertation entitled "The usefulness of routinely performed laboratory tests in the assessment of sudden threats to a pregnant woman and fetus in pre-eclampsia", awarded by the resolution of the Faculty Council of the Medical University of Lodz on April 5, 2005. The supervisor in the doctoral thesis was prof. dr hab. Andrzej Malarewicz. The reviewers in the doctoral thesis were: prof. dr hab. Rudolf Klimek and prof. dr hab. Jacek Suzin.

---

**Received:** December 26, 2021; **Accepted:** December 27, 2021; **Published:** May 05, 2022