

# 56<sup>th</sup> World Congress on **Nursing and Health Care** & 3<sup>rd</sup> World Congress on **Pediatric and Neonatal Nursing** May 02-03, 2022 | Webinar

Leung, Yuk Lan et al., J Nurs Care 2022, Volume 11

## Health promotion and practice in Australian childcare centres

**Leung, Yuk Lan<sup>1</sup>, Dos Santos, Luis Miguel<sup>2</sup>, Kwee, Ching Ting Tany<sup>3</sup>, Hon, and Po Yee<sup>4</sup>**

<sup>1</sup>University Preparation College, Australia

<sup>2</sup>Woosong University, Daejeon, South Korea

<sup>3</sup>University of New South Wales, Australia

<sup>4</sup>University of Portsmouth, United Kingdom

People in Melbourne has been experienced the longest and strictest lockdown in the world. On the other hand, the childcare centres and services are essential elements that need to remain open and continue for essential workers during the COVID-19 pandemic. Due to the recommendation from the WHO, children do not need to wear masks. Furthermore, educators and teachers are not required to wear a face mask while communicating, educating, or caring for young children in the centres. Besides, social distancing rules do not apply to childcare classrooms under the current policies in Victoria, Australia. This study aims to understand two situations: 1) the way to protect children from the COVID-19 pandemic in order to operate the childcare centres effectively, and 2) investigate the practices for children's health and safety. The purposive sampling strategy was employed to recruit five childcare educators in Melbourne. Based on the qualitative research method and general inductive approach, semi-structured interview sessions, focus group activity, and member checking interview sessions were employed. The finding and results indicated that: 1) follow policy and procedure, 2) handwashing practice, 3) environmental cleaning, and 4) educators' hygienic practice in centre, were the top-four themes from the participants. The outcomes of this study provide recommendations to childcare centre stakeholders, government departments, and policymakers for the potential developments in the promotion of health and practice that aims to protect our youngest learner health and safety in the childcare service.

### Biography

Leung, Yuk Lan is a Transnational Education Manager at University Preparation College, Australia. She completed her doctorate at Northeastern University, United States. Her research interests are in pedagogy, curriculum, children's health and wellbeing, environmental education in sustainability, and leadership in early childhood education. She has published more than 27 academic works in journals, book chapters, and conferences. She was invited as an advisor for a three-year project of "Pre-school Children: Health Promoting Kindergarten" in Hong Kong.

Dr. Dos Santos, Luis Miguel is an Assistant Professor at Woosong University, South Korea. He completed his doctorate at Northeastern University, United States. His research interests include career development, decision-making process, foreign language teaching and learning, online education, lived stories, narrative studies, human resources management, workforce shortage, public health development, nursing, technology teaching, qualitative research, social cognitive carer and motivation theory. He has published more than 120 academic works in journals, book chapters, monographs, and conferences.

Kwee, Ching Ting Tany is a PhD candidate at the University of New South Wales, Australia. Her research interests include career and vocational issues, multicultural issues, human resources management, education and professional development. She has published and presented in various international conferences and serves as a reviewer in reputed journals.

Hon, Po Yee is a MRes student at the University of Portsmouth, The United Kingdom. Her research interests include career and vocational issues, career development, decision-making process, English as a second language (ESL) teaching and learning, and human resources management.

**Received:** October 28, 2021; **Accepted:** October 29, 2021; **Published:** May 05, 2022