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### Health Care Education - the New Horizon -- A proposal for curriculums of preventive heart medication and healthy beating style

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#### Abstract

Ages ago, medicine started in a form that is non-invasive where the symptoms were the main indicators of a dis-ease a patient complains about. This over centuries, have elevated to form the way medicine is today; the modern medicine. Truly there existed a time very recently when invasive medicine became the easy and quick resolve of medical issues— subject to approval of both the care provider and the patient. Considering the advantageous state nowadays where science has reached a point –thanks to technology advancers and to invasive-based data specialist—were the comprehensive or so called holistic medicine is by dependence on the scientific history of medicine progress has evolved into a new horizon for the new schools of medicine to come. How does the progress in the advancement of technology and the scientific consecutive revolutions affect the medical internation by health care providers and the consciousness of the receivers of the same, on the other hand? What does medical education need to go through in order to be an easily accessible resource for individuals? How can medical knowledge be life styled to provide a strong preventive behaviour than a responsive one? What are the reflections of this on Heart Preventive Medication and Healthy Heart Life Style? This paper is designed to attend to those queries and to address the same in the conference applied to.

### Biography

Ruba has completed Master Degree at the age of 25 years from American University of Sharjah and has worked for continous 15 years of professional work experience in fields of engineering and holistic medicine. She is the CEO and a consultant of SALAM, a consultancy and a lifelong R&D firm. She has published several papers and graduation projects, attended to several conferences, and delivered a number of training courses and workshops. Ruba worked for a while on non-invasive treatment employing advancement in technology and holistic medicine principles since 2012.

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