

Efficacy of acupuncture for prevention of fulminating infections like COVID-19 Considering endogenous and exogenous factors resulted in healing and preventive treatment protocols**Sumita Satarkar***Swasthya Santulan Medicare Pvt Ltd, India*

Acupuncture is an imperative mode of traditional medicine that has been extensively used in inflammatory disorders. Acupuncture philosophy understands and explains how emotions and thoughts move to subtle morphogenic fields and manifests illnesses at physical level. Considering this energy-vital body theory and theory of five elements findings suggested that Acupuncture preventive methodology inhibits stress induced mechanism in the body and reduces inflammatory stress, improves immunity. Also, it benefits patients with obesity, joint pains, insomnia and autoimmune disorders. This paper reveals Efficacy of Acupuncture treatment methods used to prevent fulminating infection like Covid-19 considering emotional manifestations causing physical illnesses and studied effects of treatments during 1st, 2nd and 3rd wave of covid (May 20- March 22) considering previous illnesses and present other illnesses on around 500 patients. This paper explains that Acupuncture treatment may be proven effective to prevent

fulminating infection like Covid -19 during this Pandemic.

The whole data is collected at Swasthya Santulan Medicare Pvt Ltd, Pune during May 20 to March 22.

Keywords: Emotions, Acupuncture, Healing, Covid-19

Biography

Sumita Satarkar is the founder and director of [Swasthya Santulan Medicare Pvt Ltd.](#), Pune working since 27 years as an Acupuncturist and trainer in Pulse Diagnosis. She has wide expertise in healing treatments of [chronic illnesses](#) only by [Acupuncture](#). She has received her research thesis approved by International Quantum University for [Integrative Medicine](#), USA.

director@acupuncturepune.com

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