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Development and evaluation of a preceptor education program based on the one-minute preceptor model: Participatory action research

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This participatory action research study was conducted to confirm the implementation process and effect of developing and applying a preceptor education program based on the One-Minute Preceptor Model to foster the competence of preceptor <u>clinical nurses</u>. The study was conducted for eight weeks from March 2020 on 30 preceptor nurses in South Korea. <u>Nursing</u> standards were developed for two weeks and six cycles (comprising four stages) were performed. Data collection was integrated using both quantitative and qualitative approaches. For quantitative data, the Clinical Core Competency of Preceptor (CCCP) and General Communication Competence Scale (GICC-15) results were collected from preceptor nurses through questionnaires. Reflection journals of nurses' experiences were also analyzed through content analysis and frequency of keywords using WordClouds. There was no significant change in CCCP or GICC-15 results among preceptor nurses.

However, nurses' experiences were associated with the growth and development of competencies such as <u>evidence-based practice</u>, quality feedback, and self-reflection. The program was effective in developing nurse competencies. Therefore, it is necessary to encourage One-Minute Preceptor Model activities among preceptors through an action research approach and to actively support research and practice in clinical settings, as well as to provide organizational and systematic support.

Biography

Hye Won Jeong has completed his PhD at the age of 36 years from Chonnam National University. She is a education specialist nurse of nursing education team at Chonnam National University Hospital. Hear areas of interest are nurse education, adult nursing, trasplantation.

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