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## Consensus on the therapeutic management of rosacea – Brazilian Society of Dermatology

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Rosacea is a chronic inflammatory disease of the skin, relatively more frequent in women over 30 with a low phototype and proven genetic predisposition. Although its etiology is unknown and possibly multifactorial, the immunological abnormality, associated with neurovascular dysregulation and triggering factors, are important elements in its pathophysiology, which lead to the main changes of inflammation, vasodilation, and angiogenesis that are responsible for the clinical manifestations. Despite the lack of cure, numerous therapeutic options are available for the different clinical presentations of the disease, with satisfactory responses. Objective To reach a consensus, with recommendations from experts, on the therapeutic management of rosacea suitable to the Brazilian setting. Methods The study was conducted by five specialized dermatologists from university centers, representatives of the different Brazilian regions, with experience in rosacea, who were appointed by the Brazilian Society of Dermatology. Based on the adapted DELPHI methodology, the experts contributed through an updated bibliographic review of the scientific evidence, combined with personal experiences. Results The group of experts reached a consensus on the relevant aspects in the therapeutic management of rosacea, providing information on epidemiology, pathophysiology, triggering factors, clinical condition, classification, quality of life, and comorbidities. Consensus was defined as approval by at least 90% of the panel.

### Biography

Dr. Clivia Oliveira is an Associate Professor in Clinical Dermatology, at the Federal University of Para, Brazil. She received a Bachelor's Degree from the Medical School of State University of Para, in 1993, completed internal medicine residency and fellowship in dermatology in 1996, and Master's Degree in Tropical Medicine from the Federal University of Para, in 2000. She's currently in the process of obtaining a Dermatology doctorate degree from University of Sao Paulo, Brazil. Dr. Oliveira, is an active member of the Board of National Dermatology Society in Brazil where she is responsible for library coordination. Dr. Oliveira is also a prestigious author of a number of papers, some of her better-known titles include " Consensus on the therapeutic management of rosacea – Brazilian Society of Dermatology".

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