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## Complementary and Alternative Medicine (CAM)

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Complementary and alternative medicine (CAM) is a group of diverse medical and healthcare systems, therapies, and products that are not presently considered part of conventional medicine. This article provides an up-to-date review of the efficacy of selected CAM modalities in the management of chronic pain. Findings are presented according to the classification system developed by the National Institutes of Health National Center for Complementary and Alternative Medicine (formerly Office of Alternative Medicine) and are grouped into four domains: biologically based medicine, energy medicine, manipulative and body-based medicine, and mind-body medicine. Homeopathy and Acupuncture are discussed separately as "whole or professionalized CAM practices." Based on the guidelines of the Clinical Psychology Division of the American Psychological Association, findings indicate that some CAM modalities have a solid track record of efficacy, whereas others are promising but require additional research. The article concludes with recommendations to pain practitioners.

## Biography

Mohammad Fokrul Islam is Business man & Village Doctor, He is Proprietor of Patowary Corporation and Patowary Health Care Center, He has Bachelor Degree in National University in Bangladesh, R.M.P (Rural Medical Practitioner) Dhaka, Kamrangirchar 31 Bed Hospital Kamrangirchar. D.M.A (Diploma Medical Assistant ) Dhaka, Bangladesh Medical Association. Now he is serving help the sick people (Mainly Poor people) all over Bangladesh. He attended many health related program out site of Bangladesh like Turkey, Japan, Singapore, Malaysia, China, India, He import many kinds of machinery and sales Locally that's purpose visited many country, Japan, Singapore, China, Malaysia, India. His website : [www.patowarycorporation.com](http://www.patowarycorporation.com) He is working K-Linking International M.LM foreign company, and Local company is Ergon Pharmaceutical Limited as (Senior Deputy Sales Manager) their product is the Health related product

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