

# Dermatology Conference: Skin and Body

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## Combined use of autologous platelet-rich plasma and fractional laser in the treatment of atrophic post-acne scars

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**Introduction:** Recently, autologous platelet-rich plasma (PRP) has attracted considerable attention in the medical field due to its ability to stimulate tissue regenerative processes.

**Objective:** This study aimed to investigate the potential of PRP in combination with fractional CO<sub>2</sub> laser therapy for the treatment of atrophic post-acne scars.

**Methods:** A total of 28 patients with atrophic post-acne scars (10 women and 18 men) were enrolled. Fourteen patients underwent ablative fractional CO<sub>2</sub> laser treatment alone, while the remaining 14 received fractional CO<sub>2</sub> laser therapy combined with PRP injections. PRP was administered immediately after the laser procedure. Treatment sessions were repeated at one-month intervals, with a total of 4 to 6 sessions performed.

**Results:** Clinical outcomes were evaluated using both subjective (patient satisfaction) and objective criteria (resolution of post-ablative inflammatory processes, facial

surface smoothing, and assessment of serial photographs). In the group treated with fractional laser combined with PRP, overall clinical improvement of post-acne scars was observed as early as one month after the first procedures, whereas in the laser-only group, similar clinical dynamics were noted at later stages (after 3–4 sessions).

**Conclusion:** This study demonstrated that in the management of atrophic post-acne scars, fractional laser treatment combined with PRP enhances the efficacy of laser therapy and shortens the recovery period compared to fractional laser treatment alone.

### Biography

Abduadir Abdurashidov is affiliated with Tashkent State Medical University in Uzbekistan, where he is engaged in academic and clinical development within the medical field. His work reflects a commitment to advancing medical knowledge, strengthening clinical skills, and contributing to the healthcare community through continuous learning and professional growth.