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## Advanced practice of respiratory nursing care in Japan

bstract: The Japan Nursing Association (JNA) has developed a system  $\Lambda$  to certify nurses who can use advanced nursing skills and knowledge to provide a high level of nursing practice, leadership, and consultation in a specific nursing area (Japan Nursing Association, 1994). The purpose of certified nurses is to provide high standard nursing care to those who need nursing care in any setting, using skilled nursing skills and knowledge in specific nursing fields, and to improve the quality of nursing care. As a result of the increasing number of patients with chronic respiratory diseases and the shortage of MDs in respiratory care in Japan, the Chronic Respiratory Nursing CN (CR-CN) was established in 2010. There are about 360 CR-CNs in Japan providing high quality nursing care including patient educations, self-care management supports, symptom management, and patients and families psychological supports. I will discuss about roles and the education program of CR-CN. The main roles of CR-CN are evaluation of respiratory function and respiratory management according to each stage of the disease (stable, exacerbation, and terminal), implementation of respiratory rehabilitation to maintain and improve respiratory function, and self-care support to prevent acute exacerbations.

## Biography

After obtaining her nursing license, Tomoko Hasegawa worked as a nurse at the Shizuoka Red Cross Hospital. She then studied in California, USA, where she obtained her registered nursing license and worked as a nurse. She also received a bachelor's degree in nursing and a master's degree in health sciences from the Loma Linda University. After returning to Japan, she worked as a faculty member at the University of Fukui. Professor Hasegawa received her doctorate in nursing from Osaka University. She has been working as a professor of nursing at the University of Fukui since 2007.

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