

# 33<sup>rd</sup> Euro Nursing & Medicare Summit

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## Early extubation after cardiovascular surgery

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Nurses impact almost every patient receiving healthcare, yet there is a global nursing shortage which stifles the capability of providing safe and effective healthcare. Successful recruitment and retention of traditional and non-traditional pre-licensure nursing students is vital to address this global deficit. The purpose of this qualitative, phenomenological inquiry is to explore the lived experience of non-traditional student nurses who have successfully graduated from a generic baccalaureate nursing program. This qualitative inquiry is guided by Moustakas' transcendental phenomenology, using a descriptive and heuristic approach. In-depth interviews using open-ended questions guide data collection. Data analysis followed Moustakas' methodology. From the analysis of the data, challenging, autonomy with its sub-theme altruism, supporting and transforming with the sub-theme of motivation, emerged as the themes from the lived experience of non-traditional nursing students who had successfully graduated from a baccalaureate nursing program. The findings were linked to the concepts of the self-determination theory. Nursing faculty, healthcare administrators and policy-makers should recognize and actively pursue educational supports that will facilitate the learning needs of a non-traditional nursing student.

## Biography

Zenaida Carbon RN, BSN, CCRN is a Charge nurse of an extremely busy cardiovascular intensive care @ John Muir Medical Center Concord, California :over 300 open heart surgery/year; a robust transaortic valve (TAVR) program; cardiac assist device (impella) ;IABP;CRRT therapies . Over 31 years of clinical nursing experience; 29 dedicated to critical care. She is a Mentor, trainer; ACLS/BLS instructor; Cardiac care course instructor; IABP trainer/instructor; administrative nursing supervisor. She is an Ambassador for American Association of Critical Care Nurses. She has Worked as Director of Nursing at Windsor Rosewood.

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