33rd Euro Nursing & Medicare Summit

October 08-10, 2018 | Edinburgh, Scotland



Marilee A Nowgesic & Lea Bill

Canadian Indigenous Nurses Association, Canada



Cultural safety: Is it ok to be indigenous?

his presentation will look at some of the issues the Canadian indigenous nurses association (CINA) and the Canadian association of school of nursing (CASN) addressing cultural competence and cultural safety. CINA is aiming to introduce Indigenous nursing curriculum as mandatory part of the Canadian nursing program curricula. This curriculum modification would be presented to all nursing students (Indigenous and non-Indigenous). These changes will include the integration of a mandatory course during the first year of nursing programs, which will allow students to mobilize their knowledge into their nursing practicum. To be inclusive of all indigenous participants, an interactive collaborative and interdisciplinary activity of all health care providers working in health care and health services delivery. The workshop will be divided into four parts: introduction, the method, the deliverables and the discussion. The first part, time will be provided for an historical interactive understanding of indigenous populations. The second part will be the effects of newcomers on indigenous health and populations. The third part will be on the effects of chronic disease, interventions and preventions. Finally, the last part will be on the demographics of the preceding three areas. Groups will be able to provide input and a wish list of how indigenous health may have looked with our current knowledge and tools and how the laws that were governing are exist and how they impact the health of our indigenous peoples. Participants will have asked, with the assistance of post-it notes, to place where they see their priorities based on the indigenous specific social determinants of health. On a subsequent exercise, they will have the opportunity to identify the barriers preventing the social determinants of health to be addressed as priorities. Participants will be able to bring home a USB key, containing information of historical and contemporary priorities and other indigenous health platforms from CINA. Participants will be able to have knowledge exchange and partnership engagement. They will also be able to participate as external stakeholders of CINA. Participants will also get a greater sense of the importance of sovereign Nations and impacts on current legislation. Participants will also be given opportunities discuss current trends or issues relatives the indigenous peoples (e.g. United Nations response to address gender-based violence, the role of the Senate of Canada in addressing indigenous issues). This area will have generated various levels of conversation based on academics, demographics, social impacts, alternative approaches and areas for research development. The discussion will be based upon the Government of Canada ability to address the Truth and Reconciliation Commission's Calls to Action and to provide a status report those Calls to Action and the meaningful participation on indigenous peoples. The discussion will also be based upon the articles within UNDRIP and will also respond to the United Nations permanent forum on indigenous issues. As most recently, the discussion will also involve the recent report by the United Nation's Human Rights office of the High Commissioner. That will look at new measures to target gender-based violence, especially against indigenous women.

Biography

Marilee A Nowgesic is Executive Director at Canadian Indigenous Nurses Association, Canada. Her formal postsecondary education was obtained from Lakehead University and Carleton University. Additionally, she studied music with the Royal Conservatory of Music, and obtained achievements in Violin, Guitar and Music Theory. She has worked with several clients in the federal, provincial, territorial government and numerous Indigenous and non-government and private sector agencies to develop social marketing campaigns, communication strategies, education programs and policy development guidelines for Indigenous communities across Canada. It was from these experiences that an overarching and recurring theme in her work presented itself. Since that time, she has designed a workshop/seminar series that develops and provides awareness and positive understanding of the traditional knowledge, cultural protocols and current issues of Indigenous people to the mainstream population. Additionally, she has created a similar series for both the Indigenous and non-Indigenous population with a focus on youth development aimed at providing future leaders with the skills necessary for informed decisions and empowerment.

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Lea Bill is a Registered Nurse is Cree. She originates from the Pelican Lake First Nation in Saskatchewan and currently is the Research and Oversight Engagement Manager Project at Alberta First Nations Information Governance Center. She served as a BOD for Aboriginal Nurses Association from 1990 -1994 and as President from 1994-1999. Lea as a Traditional practitioner applies an integrated approach to her practice combining her Indigenous knowledge with her nursing knowledge, bio energy sciences and the research field. Lea Bill has been leading people in native spiritual discovery processes for more than 25 years through ceremony, vision quests and teaching the beauty and the wisdom of indigenous technology specifically the use and application of circle knowledge and natures wisdom. With more than 30 years of experience working in the health field in Community Health, and Home Care Lea continues to advocate for health equity for First Nation Inuit and Metes peoples. Her nursing career has provided the opportunity to work in many First Nation communities including the NWT at the local and the national level.

Notes: