

38<sup>th</sup> ASIA- PACIFIC

# NURSING AND MEDICARE SUMMIT

OCTOBER 03-04, 2018 OSAKA, JAPAN

## Using the transform nursing leadership model to improve social justice and health equity for racial minorities in the United States

**Nicole Akparewa**

Johns Hopkins University, USA

In the United States, we boast of being a superpower country. We have the best to offer in terms of economic advancement, jobs, infrastructure, technology, but the same cannot be said about healthcare. As a country, the U.S. would place about 34<sup>th</sup> in the “Health Olympics”. According to United Nations Human Development Report, if the “Health Olympics” were won by the greatest life expectancy we would come in about 34<sup>th</sup> place. As our influence on other countries increases, the concept of global health becomes increasingly important as well. If history has shown that spending trillions of dollars on illness care does not necessarily produce more well people, then we must somehow create a culture that is capable of providing multicultural and inclusive care. When it comes to disparities in health, racial minorities in the United States have the worst statistics. They are at higher risk of poverty, poor health and incarceration. The presentation will put forth the approach for eliminating and reducing health inequities and increasing social justice, diversity and inclusion through the Transform Nursing Leadership model.

### Biography

Nicole Akparewa has completed her master's at the Johns Hopkins University, USA. She has worked as a Cardiac Critical Care Nurse at the Johns Hopkins Hospital. She was the Director of Nurse Education for the Trinidad and Tobago Health Sciences Initiative. He has partnered with both corporate and community organizations to deliver workshops, motivational speaking and educating hundreds of students around social justice and leadership in nursing.

transformnursing@gmail.com

**Notes:**