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Safe transition: The research in the development of the clinical practice of professionals

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Health care institutions need to make a paradigm shift as consumers and producers of science. If, on the one hand, technological and scientific advances produce new knowledge, technologies and techniques that have to be appropriated by professionals, on the other, the production of useful knowledge to solve the complex problems faced by professionals in their daily practice has to be carried out in loco in the contexts where this practice happens. Despite the transfer of knowledge has been a concern, using different strategies to reach it, from problem solving models to evidence-based practice, among others, we reinforce the idea of Baumbush and other researchers, when they say that these are linear and unidirectional models, to passively pass information from researchers to users. In Portugal, we have a project titled "Safe Transition", which is based on a simultaneous process of problem solving, training, research and action, in which the primary purpose is the knowledge translation (TC) for solving problems of the different services of hospitalization to increase knowledge and empower patients and families in the process of transition from the hospital to the community, reducing the average length of hospital stay, favoring communication circuits that promote continuity of care for primary health care, reducing rehospitalization after hospital discharge and promoting the rehabilitation of dependents and the insertion in the community of people with chronic illness. The investigators involved in the project are monitoring the use of knowledge to determine the effectiveness of the TC plan at the level of professionals, clients and their families and to investigate possible models for clinical practice based on existing models, safeguarding the cultural and political specificities of the Portuguese health system. Our communication intend to describe the safe transition project; to analyze the impact of the knowledge translation in the decision making of professionals; To discuss challenges to the creation and application of qualitative research results in clinical practice.