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Impact of self-efficacy on nursing student's compassion towards others and self

Dale M Hilty

Mount Carmel College of Nursing, USA

Researchers have used self-efficacy to investigate online learning, physical therapist, diabetes type 2, work engagement, teacher education, exercise behavior, chemotherapy treatment, Alzheimer disease, counseling, clinical reasoning and online shopping. Instrumentation used was self-efficacy, compassion scale and self-compassion scale. Pommier's (2011) scale measures compassion toward others. Subscales are kindness, judgment, common humanity, isolation, mindfulness and disengagement. Neff's (2003) scale measures compassion toward self. Subscales are self-kindness, self-judgment, common humanity, isolation, mindfulness and over-identified. Participants (N=69) in this educational intervention were BSN junior students. The self-efficacy scale was used to create two groups (e.g., high self-efficacy scores, moderate-low self-efficacy scores). Hypothesis 1: Kindness, common humanity and mindfulness subscales from Pommier's compassion towards others questionnaire would have different mean scores for the two self-efficacy groups. Hypothesis 2: The common humanity, mindfulness and over-identified subscales from Neff's compassion towards self-questionnaire would have different mean scores for the two self-efficacy groups. Independent t-test analyses (SPSS #25) were significant for Pommier's subscales (kindness, $p=0.007$; common humanity, $p=0.001$; mindfulness, $p=0.001$) and for Neff's subscales (common humanity, $p=0.045$; mindfulness, $p=0.001$; over-identified, $p=0.019$). Barring over-identified significant finding, BSN students with high scores on SE had high mean scores on the remaining five subscales.

Biography

Dale M Hilty is an Associate Professor at the Mt. Carmel College of Nursing. He has received his PhD in Counseling Psychology from the Department of Psychology, The Ohio State University. He has published studies in the areas of psychology, sociology and religion. Between April 2017 and April 2018, his 10 research teams published 55 posters at local, state, regional, national and international nursing conferences.

dhilty@mcn.edu

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