

33rd Nursing and Healthcare Congress

October 23-25, 2017 | Toronto, Canada

Integrated traditional chinese and western medicine therapy for acute cholecystitis: A meta-analysis of randomized controlled trials

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First, Acute cholecystitis (AC) is a common and potentially life-threatening condition. Cholecystitis constitutes the sixth most common Gastrointestinal diagnosis seen in emergency departments in the United States, increases stress and economic burdens on patients. Chinese clinical experiments have shown remarkable superiority of Integrated Traditional Chinese and Western Medicine (TCM-WM) Therapy in acute cholecystitis (AC), whereas no English clinical trial has been reported and fewer are known about them outside of China. Second, The present meta-analysis analysed the therapeutic efficacy of Integrated Traditional Chinese and Western Medicine (TCM-WM) Therapy in acute cholecystitis (AC). The TCM-WM therapy was found to be effective in the management of postoperative and conservative management of acute cholecystitis without significant adverse effects or complications. Third, nowadays, Traditional Chinese Medicine has been gaining the attention of entire world for its feasibility and superiority for AC, our systematic review and meta-analysis has shown that a comprehensive and progressive research should be guided by the Traditional Chinese Medicine theory, combining with modern high-tech biology research, using advanced equipment and method, so as to develop more effective drugs in compliance with international standards and requirements, then TCM-WM Therapy could be generalized to the whole world for the benefit of world's generations.

Biography

Lian Liu has completed her (Bachelor of Science in Nursing, BSN) in 2013 from Southwest Medical University and pursuing master of science in nursing studies from Southwest Medical University School of nursing now. She is the secretary of learning ministry of Graduate School. Shi is doing research about Prediction model establishment of risk factors for nosocomial infection of *Acinetobacter Bauman* and analysis of nursing intervention strategies and evidence-based nursing. She has published paper in Journal of Craniofacial Surgery and published paper in Journal of Medicinal Plants Research, and several papers in Chinese medical periodicals and Chinese Journals of nursing.

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