

37<sup>TH</sup> ASIA-PACIFIC

# NURSING AND MEDICARE SUMMIT

OCTOBER 20-21, 2017 OSAKA, JAPAN

## Relationship between characteristics ostomate with comfort: Physical and psychospiritual at ostomate in Jakarta area

**Devi Sahputra and Dewi Gayatri**

University Indonesia, Indonesia

Increasing the number of people with stoma (ostomate) in Indonesia is due to the high incidence of colorectal cancer. Stoma causing problems: physical comfort, psych spiritual, social and environmental. This study aimed to see whether or not the relationship characteristics ostomate with physical comfort and psychospiritual. The method use cross sectional study conducted in 55 ostomate simple random sampling with a modified questionnaire Comfort Scale Kolcaba adaptation stoma. The results of this study are high comfort both physically psychospiritual 89.1% and 80.0%. Their relationship ostomate characteristics: complications with the physical comfort (p: 0.004) and psychospiritual (p: 0.0018) and their relationship ostomate characteristics: location stoma comfort psychospiritual (p:0045). Research shows that people living with a stoma will affect comfort. Education and pre-operative stoma site at very important to determine ostomate comfort in life after surgery.