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## A congruency model toward an environmentally based nursing program

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The state of the environment is a global concern that affects the lives of people. The drawbacks of the environmental exploitation have drastically become evident. Air pollution poses impediments and develops chronic illnesses such as lung cancer. Global warming has also altered the water cycle which in the long run can affect the industry of agriculture and nutrition of the people. Although many organizations have formulated measures and refined the curriculum concerning health and environment, the causal links between environmental change and human health are too complex that people have to find a way of forestalling the negative effects of environmental hazards and providing an avenue of a wedded interest on health and environment. This study is an attempt to rationalize the importance of an environmental nursing curriculum. The author utilized a congruency model to review the current nursing curriculum in the Philippines and selected foreign curricula in an attempt to integrate the 7 environmental principles in the core subjects of the current Philippine Nursing Program. The author believes that environmental nurses are direly needed as complex diseases evolve due to varied ecological factors. This study made use of mixed method that integrates qualitative and quantitative research design. Mixed method utilizes triangulation approach to data analysis since data are synthesized from multiple sources. The result of the study was validated through Delphi study.

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