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Difficulties and Coping with Medical Treatment Lives of Advanced Lung Cancer Patients Receiving Third-line Chemotherapy

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The purpose of this study is to clarify the difficulties and coping with the treatment and medical treatment lives of advanced lung cancer patients receiving chemotherapy as fundamental data for the development of programs to support medical living in line with the treatment stage of lung cancer chemotherapy. In this report, as a first report, we report the results for lung cancer patients who receive third-line therapy. The research method was semi-structured interview survey and analyzed qualitatively and inductively. The subjects were 4 male advanced lung cancer patients who received third-line therapy. Physical difficulties were strange taste, loss of appetite, weight loss, fatigue, and so on. As mental difficulties, insomnia, anxiety about prognosis, and so on. In particular, the death of the same sick who started treatment at the same time was causing anxiety. As coping with physical difficulties, eating favorite food, walking in the hospital to maintain your physical fitness, doing muscle training, and soon. As coping with mental difficulties, it was drinking sleeping pills, inspiring themselves, prepare a feeling by myself. While continuing chemotherapy for a long period of time, he understood the importance of maintaining physical fitness, and the characteristics that he incorporated into his life was seen. On the other hand, there was a tendency to self-resolve about anxiety about lung cancer, which is refractory cancer. In the future, we will consider the contents of nursing care support for the development of a medical support life support program, including changes accompanying treatment lines.

Biography

Tomoko Hagiwara has completed her Master in Nursing at the age of 30 years from Kitasato University. She has acquired Certified Nurse Specialist of Cancer Nursing in 2012. Also, she is currently teaching at the University of Occupational and Environmental Health.

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