WORLD PHYSICAL MEDICINE AND REHABILITATION CONFERENCE

November 12-13, 2018 Istanbul, Turkey

Defining future scope of physical medicine and rehabilitation

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As a result of the developments during the last decades, there has been a dramatic change in the demographic constituency and the health of general citizenry with an increase of aging population and disabling conditions. This put a permanent progressive stress not only in the present but also in the future on health system having the responsibility to respond to emerging demands. People expect now and will expect then to live longer and better as specialty physical medicine and rehabilitation currently have and will keep in the future a paramount role to ensure a better quality of live by improving functioning, quality of life and proper social integration. To exactly predict how will be medicine in the future and particularly physical medicine and rehabilitation is a difficult task and it is like predicting what is going to happen in the market, we simply don't know it. There are many factors influencing next generation's future: economic growth, political stability, natural catastrophes, environment contamination, climatic changes, the presence of wars either localized or globalized, emerging diseases, epidemics etc. Any way there is a permanent discovery and development of new technologies and therapies that will have an impact on the practice of physical medicine and rehabilitation in the future: The next generation of physical medicine and rehabilitation specialists will need to be familiar on robotic medicine, neural implant, nano medicine, artificial intelligence, DNA manipulation etc. But the essence of physical medicine and rehabilitation will remain. The key aspects of future scope of physical medicine and rehabilitation are defined.

Biography

Pedro Orlando Mena Quiñones has completed his MD from Instituto Superior de Ciencia Medicas de la Habana, Cuba and completed his Residency Training Program on Physical Medicine and Rehabilitation in 1985 at the National Center of Rehabilitation Julio Diaz in Cuba. He is the Former Chairman of Spinal Cord Injury Service and Chairman of Miscellaneous Service at National Center of Rehabilitation Julio Diaz. He is the Lecturer and Teaching Staff of National Rehabilitation Center Julio Diaz Hospital and Former Member of Physical Medicine and Rehabilitation Examiners Board. He is the Former Senior Specialist at Hamad Medical Corporation. He has participated in 47 congresses, conferences, nationals and international meetings with more 60 papers presented (lectures, oral communications and posters) 11 articles published in different journals.

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