

6<sup>th</sup> International Conference & Exhibition on

# Physiotherapy & Physical Rehabilitation

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### Dr. Allen's devices are effective and harmless physiotherapeutic tools for chronic pain relief

Thermobalancing therapy® (TT) and Dr. Allen's therapeutic devices (DATD) provide a safe treatment for chronic internal diseases. The main symptom of most chronic conditions is pain. In this workshop author would like to discuss the use of TT with DATD for pain relief in people with chronic prostatitis/chronic pelvic pain syndrome (CP/CPPS), lower back pain and kidney stone disease. TT with DATD is indeed a completely new patented treatment. TT is based on a new understanding of the origin of diseases that states that all chronic internal diseases have the same root, the pathological activity of capillaries. As a result of changes in small blood vessels, the focus of hypothermia becomes a continuous trigger in the affected tissue, which induces spontaneous expansion of capillaries, and gradually increases the pressure in the affected area leading to disease and pain. Common treatments for pain relief are drugs, supplements and acupuncture. They are unable to eliminate the focus of hypothermia, therefore they are ineffective. DATD applies to the body a natural thermoelement, which is made of a special wax-based mixture. It accumulates the body heat becoming the source of energy itself. While applying to the projection of the affected area or organ, the supporting heat eliminates the focus of hypothermia and, consequently spontaneous expansion of capillaries, responsible for pressure inside the organ, and ultimately pain. A clinical trial on TT confirmed its effectiveness in men CP/CPPS. After 6-month use of DATD in 90 men with CP/CPPS, pain score decreased significantly from 10.3 to 3.5, prostate volume (mL) from 31.7 to 27.0, quality of life improved markedly as the index score dropped from 8.1 to 2.9. There were no changes in the control group. Author has collected a large number of case studies provided to me by the users of lower back pain and kidney stones. All of them have been able to successfully to get pain relief and to dissolve kidney stones. To conclude, the presented materials show that TT and DATD is an effective physiotherapeutic tool for chronic pain relief.

### Biography

Simon Allen has obtained his PhD in Medicine in 1978. For over 14 years, he has worked at and subsequently headed a hospital's Cardio-Vascular department, and treated patients with renal diseases. He had authored many scientific articles on metabolic disorders, including those linked to obesity, kidneys, arthritis, cardio-vascular and gastroenterological diseases. He has lectured Medical Doctors pursuing higher medical qualifications. He then devoted nearly two decades to further medical research into various chronic internal diseases. He has established Fine Treatment, UK, is the Author of The Origin of Diseases Theory and the inventor of effective physiotherapeutic devices which enable the Thermo balancing therapy.

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