

12th World Congress on
Pharmaceutical Sciences and Innovations in Pharma Industry
&
9th Edition of International Conference on
Alternative Medicine

February 26-28, 2018 London, UK

Acupuncture for hypothyroidism and hyperthyroidism

Sumita Satarkar
Swasthya Santulan Pvt.Ltd., India

Hypothyroidism is a condition characterized by abnormally low thyroid hormone production. There are many disorders that result in Hypothyroidism or Hyperthyroidism that may directly or indirectly involve thyroid gland. Hypothalamus-TRH-Pituitary-TSH-Thyroid T4 and T3. The rate of thyroid hormone production is controlled by the pituitary gland. If there is an insufficient amount of thyroid hormone circulating in the body to allow for normal functioning, the release of TSH is increased by the pituitary gland in an attempt to stimulate more thyroid hormone production. In contrast, when there is an excessive amount of circulating thyroid hormone, TSH levels fall as the pituitary attempts to decrease the production of thyroid hormone. The health of thyroid gland truly makes or breaks daily energy level, the ability to sustain a healthy weight for the frame, overall metabolic function, and can even affect emotional life (if thyroid function is low, depression can result; if thyroid function is high, anxiety can result). Thyroid is a remarkable gland, located at the front of the throat by the laryngeal prominence. If it functions properly, the perfect amount of thyroid hormone is secreted to meet your daily energy needs, but if it is low you will likely feel fatigued, unable to keep up with life's demands, have sleeping difficulties, gain weight easily and feel cold much of the time. Millions of Indians have thyroid conditions from genetic predisposition, years of stress, and compounded by the toll of pollution in our air, food, and water.

Biography

Sumita Satarkar Founder and Head of the management Saheacci School of Alternative healing and Acupuncture Insync Pune, India. & Founder Director Swasthya Santulan Pvt.Ltd She has published numerous research papers and articles in reputed journals and has various other achievements in the related studies. She has extended his/her valuable service towards the scientific community with her extensive research work.

director@acupuncturepune.com

Notes: