

International Conference on

AESTHETIC MEDICINE & COSMETOLOGY

May 21-22, 2018 Singapore

Facial rejuvenation: Overview of the last 25 years' experiences

Csaba Molnar

Elite Clinic, Hungary

In the late 1980s and early 1990s the mainly available methods for facial rejuvenation was face lift in which techniques have developed in several different ways dividing the surgeons into two main groups: Underminers' and plicators'. Endoscopic face lift appeared in the mid-1990s which has not been spread widely enough. Minimally invasive method such as thread lift technique was developed at the turn of the century. The original invention, made by Sulamanidze, was the APTOS thread lifting. As far as my own experiences are concerned, it was useful and had a long-term effect in well selected cases. Rejuvenative lasers were first used in the mid-1990s and the first device for this purpose was CO2 laser with its scanning mode. The enthusiasm of the early times dropped and the number of procedures got significantly reduced because of the relatively high risk of complications. The breakthrough in laser techniques came with the invention of fractional mode which reduced the risk of complications and optimized the result of this technique. Fat transferring from one part of the body to another came into fashion in the late 1990s. The technique has been developing continuously while the old Coleman technique has been replaced by micro and nano fat techniques. Currently, different ways are used to produce micro and nano fat grafts with increasing the ratio of stem cells inside. We use the state-of-the-art technique lipogems, which is based on a brilliant idea, separating the cells with the help of a special tool that allows us to gain grafts on the spot. Of course, we regularly use fillers and botox daily. To optimize the result, we have to combine invasive and noninvasive methods.

molcsab@hotmail.com