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Abdominal liposculpture (Abdominal Etching) for male patient with ultrasound energy (VASER)

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In the field of plastic surgery liposuction succeeded in becoming the most frequently performed cosmetic surgery procedure during the last decade in both man and women. First liposuction was described with curettage technique and then dry, wet and super-wet techniques performed as Suction Assisted Liposuction (SAL). The first aim with liposuction is removing excess fat and making body smaller. On the other hand, in last ten year's everything was changed and liposuction techniques are different due to understanding fat anatomy under the skin. To get better results all innovative plastic surgeons need more superficial liposuction with less complications, so more dynamic liposuction or liposculpture techniques was essential. When we want to get shaping on the body, we need to do more superficial liposuction. Third generation ultrasound energy (VASER) is giving 36 KHz sound energy per second and it helps in emulsifying fat without any damage to surrounding tissues. VASER (Vibration Amplification of Sound Energy at Resonance) has provided liposculpture techniques to the superficial fat layers and this technique is more applicable for 'abdominal etching' with less complication. VASER is currently the gold standard for use in abdominal etching. VASER hi-def surgeries provides less complication and more successful results. The technique decision depended on the BMI (it must be <28), degree of skin excess, skin elasticity, patient's sportive history. Between December 2010-August 2016, 221 patients have undergone VASER liposuction. 89 cases were male and 132 cases were female. In these cases, abdominal VASER Hi-Def procedure was performed in the field of cosmetic surgery to 43 male patients by same surgeon. All patients satisfied with aesthetic results of their VASER Hi-Def within the time of follow-up. Seroma rates were 8%, unsatisfied definition rates were 1% due to patient selection, hematoma rates were 1% and skin necrosis did not occur.

Biography

Hüseyin Kandulu has graduated as a Medical Doctor in 2003 and began his residency training in the field of Plastic Reconstructive and Aesthetic Surgery. In addition to many reconstructive operations, he was strongly involved in nose, breast and body aesthetics during his residency training and carried out many surgeries. He delivered his thesis, entitled - The effect of chitosan on microvascular anastomosis applications with minimal suturing technique in the field of microsurgery in 2010. He has more than 12 years of surgical experience, performing all manner of body surgeries and reconstructive surgeries, in addition to various other aesthetic surgeries and procedures. His recent interest focuses exclusively on Hi definition body sculpting, working closely with world renowned surgeons to develop and hone his skills.

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