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Novel Approach in Scar Management

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For the majority of population, scars seem to pose a long-term aesthetic and mental problem. They often limit both the professional as well as the social life of those affected. The possibilities to therapeutically influence scars are quite many, including intralesional application of corticoids, cryotherapy, laser therapy, surgical remodelling, microdermabrasion, AHA acids application, silicone gel or of the silicone patch, the combination of various methods and conservative therapy. The final effect may not always be satisfactory. Scars disturbing the appearance of the patient or restricting them in any way (hypertrophic, keloid or atrophic) require intensive treatment, which is usually required by the patients themselves as well. The most effective therapy of new hypertrophic scars and keloids includes intralesional application of corticoids, however, connected to a certain systemic effect risk for the patient. Surgical interventions are not used frequently nowadays because of the risk of frequent relapses and neither is cryotherapy, as it may cause long-term depigmentation. After the initial uncritical interest in laser therapy, this option is not taken advantage of so widely nowadays. What shall remain part of the therapy (with satisfactory effects) are combined methods including application PRP, carboxytherapy, rehabilitation, massage, pressure and occlusive therapy procedures. The presentation demonstrates firstly: the effect of the combination of excellent application of PRP with great keloids on earlobes. Secondly, the excellent effect of the combination of PRP and carboxytherapy in extensive ulceration of the forelegs.

Biography

Hana Zelenková has been active in Dermatovenerology since 1973. Since 2000 she has been directing her own Private Clinic of Dermatovenerology. Orientation: Psoriasis vulgaris, atopic dermatitis, mycosis, aesthetic dermatology (anti aging medicine, keloid and scar). She has given more than 650 expert lectures in Slovak Republic as well as abroad, and has 420 scientific publications. She is the Founder and President of the Slovak Society for Aesthetic and Cosmetic Dermatology President of the traditional international DERMAPARTY congress.

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