

International Conference on

AESTHETIC MEDICINE & COSMETOLOGY

May 21-22, 2018 Singapore

Hormonal and nutritional interference as adjuvants to skin vitality

Adherbal De Souza Neto
Shining Way Esthetics, USA

The skin is a thermometer. The skin suffers direct and indirect influences from the environment as well as from our internal body. In aesthetic medicine and anti-aging, a myriad of procedures is well known to maintain a youthful and healthy skin appearance - better organized collagen and elastin structures. Yet, many results tend to be moderate and short lived. Better optimization of aesthetic results can be achieved or prolonged when the body is in a positive internal balance. Oftentimes, the root for a healthy skin relies on hormonal homeostasis and proper and balanced nutritious ingredients ingested by the body. Aesthetic and anti-aging practitioners should make use of hormonal and nutrient testing as tools during assessment or planning phases of a treatment plan. At times, postponing treatment until the body is better prepared to receive a treatment may prove to be the best measure and may bring the best outcomes. Other times, a concomitant use of hormones and nutrients during the treatment phase will achieve the best results. However, both hormones and nutrients are essential in addressing many of the common problems encountered in the aesthetic and anti-aging fields and are underutilized by these professionals.

Biography

Adherbal De Souza Neto is the owner of Shining Way Esthetics, LLC and Vita Life Health Bar. He has dedicated to the aesthetic and wellness fields since 2001. He is a Graduate of the University of South Alabama-Women's Health Nurse Practitioner WHNP-BC) and Chatham University-Doctor of Nursing Practice (DNP). He teaches diverse aesthetic procedures for the Esthetic Skin Institute (ESI) and also for DentaSpa in the USA. He is the President for the American Academy of Medical Esthetic Professionals (AAMEP), a Member of the International Academy of Facial Aesthetics (IAFA) and the Sociedade Brasileira de Enfermagem Estetica (SBEE).

herbdri5@aol.com

Notes: