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Double eyelid procedure: orbicularis-levator fixation technique

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Asian eyelids have several characteristics that distinguish them from the eyelids of people from European and African descent. These include low, poorly defined or absent lid creases; pronounced fullness to the upper and lower lids; narrow palpebral fissures and; epicanthal folds. The extent to which these anatomic variants are present, determines the height and prominence or absence altogether of the upper lid crease in the Asian eyelid. Asian blepharoplasty is the most common cosmetic surgery procedure done in the Far East, with many variants noted. Here, we will discuss in detail the patient selection, preparation, anesthesia, and surgical technique utilized in the orbicularis-levator fixation technique for the creation of the double eyelid in the Asian patient.

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