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Acne scar management: A prospective approach combining PRP and fractional CO₂

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Acne is very common in skin outpatient department and scars are seen in almost 95% of cases. As acne scars are causing significant impact on psychosocial wellbeing of an individual and hampering day to day routine activities and creating low self-esteem. Though, there are numerous modalities of treatment (like chemical peels, dermabrasion, derma-roller etc.) but researchers are still trying for a single modality to treat the complications due to its variety in shape and depth and reduce the duration of treatment. As autologous PRP has already shown tremendous potential in field of dermatology in enhancing wound healing and fractional CO₂ is being considered to have good approach for acne scarring. So, planned of combining the two to enhance the treatment modality in acne scars and decrease the duration and its psychosocial impact. The main objective of this study was to assess the efficacy of a combined modality in terms of clinical improvement and reduced treatment duration.

Biography

Kanwar Aryamman Singh has completed his Bachelor of Medicine and Bachelor of Surgery at Barkatullah University, India. He is Junior Resident, pursuing his Master's degree in Dermatology at Maharashtra University of Health Sciences, Nashik, India.

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