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A revolutionary mini-invasive treatment for cellulite blemishes: One year of experience

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Introduction: Tissue release for cellulite has been practiced for decades with limited success. In October 2016 we started our experience with a novel procedure that represent the only FDA-cleared minimally invasive treatment clinically proven to improve the cellulite blemishes for nearly four years in only one session.

Materials & Methods: I report my one year of personal experience. The procedure is performed in a practice by a qualified physician and the treatment takes maximum 45 minutes. Cellulite dimples are marked and the device is applied to stretch and stabilize tissue in a vacuum chamber, while local anesthesia is delivered. Then, a precise minimally-invasive subcutaneous release of the connective bands (TS-GS: stabilized-guided subcision) is performed with a microblade, without cuts or incisions. After treatment, a light compression is applied and patients can go about immediately to their daily life.

Results: The procedure treats the primary structural cause of cellulite blemishes, represented by the connective bands crossing throughout fat in thighs and buttocks. The most common side effects reported by patients were soreness and bruising.

Conclusions: This revolutionary FDA-cleared procedure for the cellulite puckering, combines a proven approach with an innovative technology to treat the primary structural cause of cellulite blemishes.

Biography

Roberto Dell'Avanzato MD is the Past Medical Director of *L'Albereta Relais & Chateaux Espace Chenot Health Wellness & Spa*, Italy. He is a Specialist in Surgery, Expert in Aesthetic Medicine and Cosmetic Surgery. He pursued his Master Degree in Aesthetic Surgery and he is an Honorary Member of the Israel Academy of Beauty.

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