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7th International Conference and Expo on

COSMETOLOGY, TRICHOLOGY & AESTHETIC PRACTICES

October 26-27, 2017 Paris, France

Abdominal liposculpture (abdominal etching) for male patient with ultrasound energy (vaser)

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In the field of plastic surgery liposuction succeeded in becoming the most frequently performed cosmetic surgery procedure during the last decade in both man and women. First liposuction was described with curettage technique and then dry, wet and super wet techniques performed as suction assisted liposuction (SAL). The first aim with liposuction is removing excess fat and making body smaller. On the otherhand, last ten years everything was changed and liposuction techniques are different due to understanding fat anatomy under the skin. To get better results all innovative plastic surgeons need more superficial liposuction with less complications, so more dynamic liposuction or liposculpture techniques was essential. When we want to get shaping on the body we should do more superficial liposuction. Third generation ultrasound energy (Vaser) is giving 36 Khz sound energy per second and it helps to emulsifying fat without any damage to surrounding tissues. Vaser (vibration amplification of sound energy at resonance) has provided liposculpture techniques to the superficial fat layers and this technique is more applicable for abdominal etching with less complication. Vaser is currently the gold standard for use in abdominal etching. Vaser Hi - def surgeries provide less complication and more successful results. The technique decision depended on the BMI (it must be <28), degree of skin excess, skin elasticity, patient's sportive history. Between December 2010- August 2016, 221 patients have undergone Vaser liposuction among which 89 cases were male and 132 cases were female. In this case abdominal Vaser hi def procedure was performed in the field of cosmetic surgery to 43 Male patients by same surgeon. All patients were satisfied with aesthetic results of their Vaser Hi-Def within the time of follow-up. Seroma rates were 8%, unsatisfied definition rates were 1% due to patient selection, hematoma rates were 1%, skin necrosis did not occur.

Biography

Huseyin Kandulu completed his primary and college education in Cyprus and he moved to Turkey to study medicine. He graduated as a Medical Doctor in 2003 and began his residency training in the field of Plastic Reconstructive and Aesthetic Surgery in which he had a strong interest during his medical education. In addition to many reconstructive operations, he was strongly involved in nose, breast and body aesthetics during his residency training and carried out many surgeries. He completed his thesis, entitled "The Effect of Chitosan on Microvascular Anastomosis Applications with Minimal Suturing Technique" in the field of Microsurgery in 2010 thus completing his Residency in Plastic Reconstructive and Aesthetic Surgery and has specialized in this branch. He has more than 12 years of surgical experience, performing all manner of body surgeries and reconstructive surgeries, in addition to various other aesthetic surgeries and procedures. In the last seven years however, he has focused almost exclusively on high definition body sculpting, working closely with world renowned surgeons to develop and hone his skills. With his vast experience, and knowledge of the latest technologies he has become one of the foremost surgeons in the field of body sculpting. Because of his unerring commitment to patient safety and happiness, he believes that all surgeons wishing to specialize in body sculpting should seek the best training available, and is therefore able to provide advanced courses in VASER® Hi-Def body sculpting.

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