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## Importance of early diagnosis of problems in retina

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One area that has been somewhat neglected in clinical practice of optometry is undoubtedly the retina. This being the main axis where vision develops, certainly you have to consider this fact. In our offices, there is no need of any sophisticated equipments, we can have a direct ophthalmoscopy to determine what we see and how we see. This provides early diagnosis for allowing us to provide our patients the opportunity to prevent permanent blindness. Management of preventive actions with antioxidants and ocular nutrition certainly gives us another stage start in the fight against prevention of blindness. Recall that in the levels of patient care, designed by the World Council of Optometry, approved in Dallas Texas in 2006, is set to the third level of care the patient's ocular diagnosis as a tool of action in clinical practice. We know that today Europe has experienced great development in the training of optometry, but we also know that not all countries of the continent are experiencing this academic development, which drives us to achieve standardization in clinical practice, and the early diagnosis of problems in retina makes a big difference in what we see? How we see? What we are shown? Because the retina is the key to success, finding a healthy retina and differentiating it from some problems for referral to retinologist gives the patient a great alternative.

## Biography

Daniel Valverde is presently working as a Faculty of Medical Sciences at University of Guayaquil. He is a specialist in retina medicinal, ocular nutrition, low vision, pediatric vision, public health and many community development projects in public health. He is a fellow member in Public Health of Inter-American University of Puerto Rico. He has completed his Continuing Education from The New England College of Optometry, Boston, USA. He is a member of the AOA American Optometric Association, International Council of Ophthalmology, Ophthalmology Education Committee, Ocular Nutrition Society USA and OSH President. He is a Lecturer in North America, Central America, South America, Europe and Asia.

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