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THE EXPERIENCE OF GENDER DISCRIMINATION: DOUBLE BURDEN DURING PREGNANCY WOMEN IN WORK AREA OF MERGANGSAN HEALTH COMMUNITY CENTER, YOGYAKARTA, INDONESIA

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Gender discrimination is inequality between women and men in terms of status and role that is constructed by society based on culture and value in the community in certain period of time. Poverty is one leading cause of double burden, one type of gender discrimination. Double burden affects women's physics and psychology during pregnancy. This study aims to explore women's experience in double burden during their pregnancy period. Furthermore, this study was conducted in 2012 using phenomenology approach. The sample of this study is five post-natal women that were drawn by using purposive sampling. Subsequently, in-depth interview was used in order to explore the experience of double burden among women in their pregnancy period, the role of their partners, women's physical condition and psychological condition in their pregnancy, and women's hope related to double burden. The results show that women who experienced double burden during pregnancy argue that they obligate to do domestic works. Furthermore, during their pregnancy, they had either physical or psychological disorders, therefore they hoped that their partners have would ease their double burden.

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MENTOR MTSU

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MentorMTSU is a peer-based mentoring program for students with mental illness at Middle Tennessee State University (MTSU) with its foundation in sociological, theoretical frameworks. Its aims are to establish trusting, well-developed relationships between its members, to improve the quality of life for students coping with a mental illness, and to promote mental health literacy through advocacy and awareness. The program will last the duration of one semester, with mentors and mentees having either individual or group contact 4-6 hours per week. The program, in its trial run, aims to provide 30 student mentors and aid 30 student mentees, with a ratio of 1:1. Unlike other services for mentally ill students at MTSU, MentorMTSU does not concentrate on professional counseling services. Built on by literature and positive review, it involves peer-mentoring services from students similar to each other. Shared experiences, as well as shared goals, goal plans, and obstacle maneuvering, will be a major focus of the program proposed. A strong, well-developed relationship between mentor and mentee is hoped to be achieved through this process. Additionally, holding events to raise awareness and advocate for the mentally ill, as well as workshops on building life skills, will be held to improve quality of life for both mentors and mentees through this program.

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