

23rd Asia-Pacific

DERMATOLOGY CONFERENCE

October 26-28, 2017 Osaka, Japan

The tear trough paradox to treat beyond the lines

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Tear trough is the groove or valley that begins at the inner corner of the eyes, and travels down across the cheek. Together with nasojugal groove, they are often blamed for periorbital tiredness and aged appearance. However, treating tear trough with hyaluronic acid fillers is very challenging and could lead to distortion of the normal facial contour. Anatomical structure of the tear trough and nasojugal groove is being explored. Structural changes of the infra-orbital area with aging were studied and postulated. Patients previously had fillers done at the tear trough were given hyaluronidase at the tear trough. The pre- and post-treatment photos were shown to randomly selected strangers. Scores were given based on attractiveness and normality of the face. Tear trough together with nasojugal groove are both normal anatomical structure of the face. Survey showed that most examiners preferred the photos of those without fillers in their tear troughs. Treatments of tear trough with fillers could end up in alteration of facial topography. In fact, it would not improve the appearance of an aging face. The necessity of tear trough treatment might need to be reconsidered.

Biography

Tingsong Lim Medical Director of Clique Clinic Dr Tingsong Lim has actively involved in many academic research and training in Asian facial and body aesthetics, clinical application of fillers' rheology, facial overfilled syndrome, pigmentary disorders, laser medicine and regenerative medicine. Graduated from Tohoku University School of Medicine under the Monbusho Scholarship, Dr Lim speaks 4 languages (English, Mandarin, Malay, Japanese) fluently, and has been a frequent speaker and trainer regionally and internationally. Medical Director of Clique Clinic, Dr Lim has a private practice in Kuala Lumpur, Malaysia.

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