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# DERMATOLOGY CONFERENCE

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### **Injectology: Bringing fillers rheology into clinic settings**

Replenishing volume to attain a more youthful appearance has been the forefront of aesthetic medicine. Facial fillers and biostimulators to restore facial volume and contour appeals to a broad spectrum of patients, from those seeking minimal cosmetic enhancement to those seeking an effective alternative to facial surgery. As such, facial filler injections are now the most commonly performed cosmetic procedures in the Southeast Asian region. We explore the different fillers and biostimulators, their uses and the possible ways to create great artwork. With a solid understanding of the products, appropriate filler selection, prudent patient selection and proper injection techniques, facial sculpting using multiple fillers can be both interesting and satisfying. Several different fillers are categorized according to their rheology and determine the placement of the fillers according to their behaviors. Also, several different techniques are introduced to restore the structure of the deep tissues, giving supports to the retaining ligaments, SMAS complex and facial muscle support. Understanding the rheology of fillers enables injectors to create predictable and reproducible results. This is important for injectors not only getting better patient's satisfaction, but also prevents distorted faces and overfilled syndrome in the long run. Injectology is not only confined to techniques and safety of injection. Understanding the functional anatomy, deep structures and layers, danger zones and rheology of the fillers are equally important to excel in the art of fillers face sculpting these days.

### **Biography**

Tingsong Lim Medical Director of Clique Clinic Dr Tingsong Lim has actively involved in many academic research and training in Asian facial and body aesthetics, clinical application of fillers' rheology, facial overfilled syndrome, pigmentary disorders, laser medicine and regenerative medicine. Graduated from Tohoku University School of Medicine under the Monbusho Scholarship, Dr Lim speaks 4 languages (English, Mandarin, Malay, Japanese) fluently, and has been a frequent speaker and trainer regionally and internationally. Medical Director of Clique Clinic, Dr Lim has a private practice in Kuala Lumpur, Malaysia.

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