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Post stroke depression

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Stroke represents a major public health problem in the China and worldwide, but relatively little work has been directed toward identifying and treating the common neuropsychiatric disorders occurring after stroke. I will review the epidemiology, clinical and pathological correlates and treatment of depression after stroke. These disorders have been shown to inhibit physical recovery from stroke and reduced the quality of life. There are very few controlled trials examining the effectiveness of treatments for these disorders after stroke. Both pharmacological and psychological treatments, however, can alleviate symptoms of this disorder.

Biography

Wai Kwong Tang was appointed as a Professor in the Department of Psychiatry, the Chinese University of Hong Kong in 2011. He completed his medical training from the Chinese University of Hong Kong. He joined the Chinese University of Hong Kong as an academic staff since 1999. His main research area is Neuropsychiatry in Stroke. He has published over 100 papers in renowned journals and has also contributed to the peer review of 40 journals. He has secured over 20 major competitive research grants. He also served as the Editorial Board Member of five scientific journals. He was also a recipient of the Young Researcher Award in 2007, awarded by the Chinese University of Hong Kong.

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