

14th World Summit on

Alzheimer's Disease, Dementia Care Research and Awareness

&

6th World Summit on Heart, Stroke and Neurological Disorders

August 31- September 01, 2018 | Boston, USA



Robin Lombardo

Music and Memory, USA

Music and Memory: How to implement and sustain this intervention within the practice in a variety of clinical settings

When an entire community embraces the MUSIC & MEMORY® program as a standard of care, it enables an individual's personalized music to travel with them throughout the healthcare ecosystem. Transitions are easier. Stress is reduced. A greater continuum of care is possible. Discover the difference that personalized music can make for those suffering from Cognitive loss, co-morbid conditions/syndromes and impairments. This program is not only person-centered; it has established a new best practice and the gold standard in the care industry. In addition to enhancing the quality of life and treatment outcomes, it restores identity and personhood, reduces agitation and behaviors associated with Alzheimer's related Sundowning, offsets boredom, isolation, pain and depression, stimulates participation in therapies, improves staff efficiency/morale and enhances community image and perception of care. Although the program began in skilled care environments, it has quickly spread to almost all settings. Music & Memory offers staff training and program certification for businesses and care environments to provide the program to individuals in their care. Attendees will discuss and evaluate a sample care plan/case studies utilizing this intervention and evaluate its utilization within the Quality Assurance structure as well as address the following documentation and best practices are Antipsychotic, antidepressant and pain medication reduction, Reduced anxiety and distress, Enhanced social interaction and communication, Delirium reduction, Better mood and willingness to accept care, Less caregiver stress and improved efficiency, Fewer physical altercations and falls, Ameliorated swallowing difficulties and enhanced nutrition, Hospital readmission reduction, Transformed relationships, Overall Improved treatment outcomes, Increased participation in activities and therapies. In addition, this workshop will allow participants to work with case studies that demonstrate the effectiveness of this modality and intervention within a cultural and ethnocentric sensitive framework. Attendees will address pre and post observations and discuss possible future uses throughout the healthcare system, nationally and internationally.

Biography

Lombardo, "Who's Who" 2018 Lifetime Achievement Award recipient, has taught college classes in gerontology since 1984. She has worked in clinical settings for 40 years at every level of care, as well as other facilities. Ms. Lombardo helped co-author and teach the college-accredited Alzheimer's disease and successfully trained over 1,000 caregivers. She is a Master's Level Certified Therapeutic Recreation Specialist and a Certified Dementia Practitioner. She has given numerous presentations at regional and local conferences on topics related to dementia and intervention strategies, including Oxford University Roundtable on Aging, London.

rlobardo@musicandmemory.org

Notes: