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The hidden relation, clues of autism, ADHD and depression which reveal the effective cause and cure

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They lack social skills, they cannot talk: language is the product of living environment - as your native language and my native language; we speak it naturally without thinking at all. We are not born with our native language, so I doubt their connection with their living environment and/or the state of mind that they cannot/don't want to learn. You can test them with Aesop fables (they do not understand), pretending game - they do not understand, interacting, communicating or persuading. They are in the low level of this. For official test: you can test them with EQ test, and Aesop stories, metaphors. All these low-level vital skills make them never feel safe, connection to the environment: it makes them stress. Over time, it makes the downward spiral that make them more and more lack of social skills and suffer more stress.

Redefine Of Stress:

The right definition of stress: human beings have basic human needs described by Abraham Maslow. Anything threatens of satisfying these needs will lead to Fight and Flight responses. IF people cannot change the situation, threaten, they will be the victims of Stress And Stress Hormones.

Biography

Dao Duy Van has completed his pharmacist bachelor degree at the age of 23 years from Hanoi University of Pharmacy in Vietnam. Dao Duy Van is a pharmacist, personal development lover, meditation practitioner and lifelong learner.

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