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The treatment of fertility and reproductive disorders by way of Hijamah-Wet cupping

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Aim: To provide a better understanding of the bio-mechanisms entailed in the treatment of patients who suffer physiological sexual and reproductive ailments by a process of elimination and appreciation of Hijamah Therapy in Holistic/Alternative medicine.

Method: There are many reasons and mechanisms for the physical failure of the reproductive functions in both men and women. Certain lifestyle choices as well as medical history can affect your reproductive system and fertility. Some of the common problems are; smoke tobacco or marijuana, have three or more alcoholic drinks per day, use illegal drugs, take anabolic steroids, take certain medications including testosterone, replacement therapy or drugs used to treat arthritis, high blood pressure, depression, cancer, infection, or a digestive disorder, have a chronic illness such as diabetes, cancer, or thyroid disease, have poor nutrition and are significantly overweight. The above are a just a shortlist of the factors involved in both male and female infertility.

Results: It has been shown in the application of Hijamah or wet cupping in treating these ailments that it yielded significant results in patients who were subjected to this therapy.

Conclusion: Hijamah is the perfect alternative solution to the modern Allopathic system of medicine. Provided the patient is generally healthy and this therapy is administered in a hygienic environment, it is one of the safest practices with no known side effects.

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Philosophical thinking of Chinese traditional medicine

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Chinese Traditional Medicine (CTM) is the general appellation of all the traditional medicines of different nationalities in China, which share great similarities of basic concept and philosophical basis, and conform to the development regulation of empirical medicine, among which medicine of Han nationality (Han medicine) is the most mature. The development of CTM is totally different from modern western medicine, always revolving around the center of disease diagnosis and treatment, establishing the core theoretical system of “Yin and Yang”, “five elements”, “Viscera” and “Humoralism” with the theoretical foundation of ancient Chinese philosophy, which represents the highest achievement of worldwide empirical medicine and philosophy form at that time. In general, basic structure of CTM mainly consists of three parts as following: The part which shares consensus of modern medicine, the part which is unconsciously ahead of modern medicine, and the part which needs to be recognized or abandoned.

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