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How and why acupuncture works? Hypothesis and scientific evidences behind it

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Nowadays, few people would argue about the effectiveness of acupuncture, the ancient healing art in treating certain illness. However, the mechanism of acupuncture remains in controversy. For the first time, the author makes his hypothesis public, based on his decades of clinical practice experience and observation. He believes acupuncture works through stimulation to nervous-immune system, the effect must be very similar to vaccination. In another words, acupuncture treatments create pseudo injuries to a living human body in an elaborately controlled manner in order to wake up the living body's immunity system, or human being's natural healing capability. It is a "vaccination" for disease prevention, a self-healing "exercise" designated for training on immunity.

Biography

Fei Wang is a PhD Acupuncturist and Traditional Chinese Medicine Doctor. He is a Member of IPTI and Lecturer at The College of Naturopathic Medicine. He successfully completed a 3 year PhD of Acupuncture in Shanghai University of Traditional Chinese Medicine in 1998. He graduated from Henan College of TCM in China in 1995 with a Bachelor's degree of Traditional Chinese Medicine and Master of Acupuncture. As a highly experienced acupuncturist and traditional Chinese medicine doctor, as well as a qualified doctor in China, he worked at the renowned Ruijin Hospital (Shanghai) and The Institute of Chinese Medicine (London), and was once commissioned by the Saudi Royalty. He has been actively promoting acupuncture and traditional Chinese medicine through clinical practice, research and lecture in China and in Europe since 1992. In addition to his specialty of traditional acupuncture and traditional Chinese medicine, he also does cupping, moxibustion and deep-tissue massage, in combination or separately.

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