

3rd International Conference and Exhibition on **Traditional & Alternative Medicine** August 03-05, 2015 Birmingham, UK

Therapeutic value of Chinese herbal decoction in radiation *pneumonia* of oesophageal carcinoma

Y L Gong⁶, G M Lv¹, L L Zhu², M Hu³, S K Wang⁴ and Ch J Tao⁵

¹Jiangsu Jiankang Vocational College, China

²Southeast University, China

³Liyang 1st People's Hospital, China

⁴Zhangjiagang 1st People's Hospital, China

⁵Shanghai Eastern Hepatobiliary Surgery Hospital, China

⁶Nanjing Medical University, China

Objective is to observe the curative effect of Chinese herbal decoction of Runfei combined with hormone and antibiotic in treating radiation pneumonia (RP) of oesophageal carcinoma. A 56-year-old male underwent surgery for cancer of the upper esophagus (T3N2M0) in Sep. 2014; following post-surgery adjuvant radiotherapy of three dimensional conformal radiotherapies were administered. Two months later, severe pneumonia had been found by chest X-ray and CT imaging, he received the treatment of hormone and antibiotic. In the meantime, we administered Chinese herbal medicine (Fei Decoction, mixed a variety of effective herbal components) to help him to recover from the poor condition. After taking the Chinese herbs for 2 weeks, the diffuse patchy shadows and ground glass appearance on chest X-ray dramatically decreased, with the result to the normal range, and the patient felt free from the complaint of pulmonary and cardiac discomfort. The quality of life has been greatly improved; we managed to have prolonged the PFS (Progression-Free-Survival) and TTP (Time-to-Progression) from the onset to date. In the course of this combined treatment, we showed that Chinese herbal medicine played an important role in the therapy of oesophageal carcinoma. Chinese herbs might be an additional choice with its better benefits and tolerability in the treatment of radiation pneumonia (RP) of oesophageal carcinoma.

gongyongling26@163.com

Notes: