

2nd International Conference and Exhibition on **Traditional & Alternative Medicine** August 25-26, 2014 DoubleTree by Hilton Beijing, China

Islamic medicine approach on coronary syndrome

Zaidul Akbar

Thibbun Nabawi Institute of Indonesia, Indonesia

Islamic Shariah such as praying, fasting, night praying and others have been known to have health effect on body, so that on several cases like coronary syndrome, those can be used for treatment of further damage of heart caused by coronary syndrome. Coronary syndrome is one of the most powerful disease that killed thousands of people all over the world. In this case applying the rule of Shariah based on Prophet Sallallahu Alaihiwasallam such as fasting, unsaturated fatty acid, Hijamah, alkalizing water such as Miracle Water Zamzam, and also applying the local traditional plant (Kunyit, Sambiloto) may help patient with heart disease avoid by pass surgery or heart cathetherization. In the result, it was examined that the patient who has coronary heart disease treated with this method may have a suprising effect on the heart with decrease atherosclerosis of the Heart.

Biography

Zaidul Akbar is a Medical Doctor, Trainer, Writer, Socio Islamic Medical Activist and also a Chief and Lecturer of Thibbun Nabawi Institute of Indonesia (INTI). He is the Chief of Indonesian Cupping Association (ABI), an organization of Hijamah in Indonesia. He has given many public presentation on Islamic medicine and also wasa Speaker in International Congres of Holistic Nursing in University of Muhammadiyah Yogyakarta (UMY) regarding Islamic medicine. He has written several books : "Jurus Sehat Rasulullah" and "Hidup Sehat ala Rasulullah" regarding applying Prophet ways of health in modern era.

zaidulakbar@gmail.com