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## Ancient India therapeutic burning: Agnikarma

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**A**gnikarma is one of the para surgical treatment modality mentioned in Sushruta Samhita. It is an effective method of controlling pain in several diseases dominated by pain and inflammation. It is also beneficial in intervertebral disc prolapsed and other neurological conditions. There are two types of burning in Agnikarma – moist and dry, which is selected as per the pathogenesis of the disease. The theory and practice of agnikarma is gaining more popularity in the last two decades. Lot of research is undergoing in and around India on the clinical utility of this lost treasure of medical knowledge.

### Biography

Udaya Shankar has completed in MD from IPGTR, Gujarat Ayurved University, Jamnagar and is involved in teaching and research in KVG Ayurvedic Medical College, Sullia for the last 2 decades. Recently conducted a workshop for the scholars of Japan School of Ayurveda, Tokyo. He has authored the text book of Shalakya Tantra, edited Netra Prakashika, from the palm leaf manuscript and guided 7 scholars for doctoral studies under Rajiv Gandhi University of Health sciences, Bengaluru. He has published more than 120 papers in reputed journals and has been serving as an editorial board member of a reputed journal.

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