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To study the efficacy of Krishnadi Choorna in of Tamak Shwas w.s.r. to bronchial asthma

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In the current study, 60 patients of Tamak Shwas have been selected randomly divided in two groups. The patients showing classical symptoms of Tamak Shwas such as Shwaskruchhrata (Dyspnoea), Kasa (Cough), Ghur-Ghurak Shabda (Wheezing or Rhonchi) during night, Kasten Shleshma Moksha (Difficult in Expectoration), Kasten Bhashya (Difficult in Expectoration), Anidra (Insomnia) etc. were included in this study. For the present study they were given Krishnadi Choorna orally. It reduces respiratory rate effectively & increases expansion of chest, breath holding time, and peak expiratory flow rate & sustained maximal inspiration which was highly significant statistically as compared with tablet deriphyllin. Out of 30 patients included in Group A, no patients showed total relief in symptoms, 7 patients were markedly improved (50 to 75%), 21 patients were improved (25 to 50%), 2 patients were unchanged (less than 25%). Out of 30 patient included in Group B none patient showed total relief in symptom, 3 patients markedly improved (50 to 75%), 26 patients improved (25 to 50%), 1 patient was unchanged (less than 25%). At the end of the study it was found that Krishnadi Choorna in Group A is more effective than in Group B.

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